

South Fork Trail System

Submitted by members of the [Back Country Horsemen of Utah](#)

Disclaimer: The following trail description was kindly submitted by BCHU horsemen. Use this information at your own risk. As with all horse related activities, trail riding is a sport with a considerable amount of inherent danger and risk. No guarantee is either stated or implied that you will find any of the information listed below to be accurate.

Name of trails: Big Springs, Shingle Mill, & Great Western Trails

Name of trailhead: South Fork

Property manager & maps U.S. Forest Service, 390 North 100 East
Pleasant Grove, Utah 84062 (801.785.3563)

Park name: Provo Canyon - Vivian Park

Camping restrictions: No camping, no water

How easy is this trail: Difficult

Surface: Rocks and brushy

Features: Water up Big Springs, no water otherwise Water trough on Windy Pass

Obstacles: Steep terrain, narrow in spots

Animals need to be: Good physical condition

Hazards: Drop-offs, very steep trail, maintenance of the trail is good

Normal ranges of comfort: Spring and fall: summer is a little warm.

Elevation 6,400 - 9,600 feet

Current level of use: Mostly horses, some mountain bikes, hikers

Completion of route: Total mileage for all 3 trails is 16.0 miles

Access to other trails: Rock Canyon, Slide Canyon, Slate Canyon

Directions: Provo Canyon to the South Fork turnoff at Vivian Park. Four miles to the trailhead just prior to the Girl Scout Camp at the Trefoil Ranch. The trailhead is new and being worked on. No water or facilities at this time. Provo City maintains the trailhead.

Remember always to use your best judgment. Always take a moment to consider the suitability the weather, trail conditions, your horsemanship skills, the skill of those in your party, and perhaps most important...the physical and mental condition of your horses before each trip.

Safe Trails !!!